



4.4K Road Run & 2.2K Walk

Sunday 6TH Sept 2009

Race patron Peter Mills

10AM START – 9.00am REGISTRATION

Briefing 9.45am

OPPOSITE THE GRAND HOTEL

Come watch the MCCC cycle race at 8.30am followed by the Scouts Scrapheap Challenge at 9.30am
The 4.4k Run & 2.2k Walk will be on a fully closed road circuit

All proceeds to **SUNRAYSIA CANCER RESOURCES**

Postal address: Coomealla Tri Club Box 3399 Mildura 3502

Entry Fees:

Road Run \$10, Walk \$5, Family \$20

(Cut along here).....**ENTRY FORM**.....

First Name.....Last Name
Male (circle).....Female (circle).....Family (circle).....
Entering Run (circle), Walk (circle)
Address.....
.....Postcode.....

Entry fee: \$10 Road Run, \$5 Walk, \$20 per Family (circle category)

Please read the following declaration & sign:

I have read & understood the information contained in this entry, I attest that I am fit and have trained sufficiently for this event. I hereby waive the release of all and any claim arising from the loss or injury that I may sustain or suffer as a consequence of my participation in this event. I agree to comply with the race rules and directions of officials and their servants or agents. I will obey the instructions from marshals & police. You are participating on a closed road circuit; however, you must be aware that this may not prevent vehicles from entering the road circuit. At all times give way to any encroaching traffic & keep to the left hand side of the road. Cyclists may also use this closed circuit in preparation for another event on the program.

Signed.....

Sunraysia Cancer Resources & Coomealla Triathlon Club wishes to acknowledge the support of Caribou Publications for allowing the Fun Run & Walk the opportunity to participate in the Tour of the Murray River

Proudly sponsored by RESCOM Mildura

